

# 7 Life Lessons from Ephesians

## Part 6: How to Get the M.O.S.T. Out of Life! (Ephesians 5:15-21)

“Make the most of every opportunity...” Eph. 5:16 NLT

### M \_\_\_\_\_ Your Life!

Jesus: “I have come in order that you might have life - life in all its fullness.” John 10:10 GNT

“Look carefully then how you walk, not as unwise but as wise.” Eph. 5:15 ESV

“Those who hear and don’t act are like those who glance in a mirror, walk away, and two minutes later have no idea who they are, what they look like!” The Message.



### O \_\_\_\_\_ For Your Life!

“Don’t act thoughtlessly, but understand what the Lord wants you to do.” Ephesians 5:17 NLT

“Do not be shaped by this world; instead be changed within by a new way of thinking. Then you will be able to decide what God wants for you; you will know what is good and pleasing to him and what is perfect.” Romans 12:2 NCV

“Obsession with self in these matters is a dead end; attention to God leads us out into the open, into a spacious, free life.” Romans 8:6 The Message

“A life devoted to things is a dead life, a stump; a God-shaped life is a flourishing tree.” Proverbs 11:28 The Message

### S \_\_\_\_\_ Into Your Life!

“And do not be drunk with wine, in which is dissipation; but be filled with the Spirit.” Ephesians 5:18 NKJV

**What this verse does not say:**

**Why not be drunk?** άσωτία -

**Consider the contrast:**

**What does it look like when I’m saturated with God’s Spirit?**

“... singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts.” Ephesians 5:19 NLT

### T \_\_\_\_\_ In Your Life!

“always giving thanks to God the Father for everything.” Ephesians 5:20 NIV

“Be thankful in all circumstances. This is what God wants from you in your life in union with Christ Jesus.” 1 Thessalonians 5:18 GNT

“Give thanks to the Lord, for he is good! His faithful love endures forever!” 1 Chronicles 16:34 / Psalm 107:1 / Psalm 118:1 / Psalm 136:1 NLT

“Let me shout God’s name with a praising song. Let me tell his greatness in a prayer of thanks.” Psalm 69:30 The Message

“Do not be anxious about anything, but in everything by prayer and petition, with thanksgiving, present your requests to God.” Philippians 4:6 NIV

“For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving.” 1 Timothy 4:4 ESV