



"It's healthy to be content, but envy will eat you up." Proverbs 14:30 CEV

"It is better to be satisfied with what you have than to be always wanting something else." Eccl. 6:9 GN

5 OUTCOMES: Always Wanting **MORE** brings...

1st Outcome: **MORE** FATIGUE

3rd Outcome: **MORE** ANXIETY

2nd Outcome: **MORE** EXPENSES

4th Outcome: **MORE** CONFLICT

5th Outcome: **MORE** DISSATISFACTION

HOW TO LEARN CONTENTMENT...

#1 - Stop COMPARING MYSELF to others.

"We do not dare classify or compare ourselves...it is not wise." 2 Corinthians 10:12 NIV84

"You shall not covet anything that belongs to your neighbor." Exodus 20:17 NIV84

COVET: *the uncontrolled desire to acquire.*

#2 - Enjoy WHAT I HAVE .

"If God gives a man wealth and property...he should be grateful and enjoy what he has...it is a gift from God." Ecclesiastes 5:19 GN

"Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment." 1st Timothy 6:17 NIV84

#3 - Remember LIFE IS NOT about things.

"Jesus said, 'Watch out and guard yourselves from every kind of greed; because your true life is not made up of the things you own, no matter how rich you may be.'" Luke 12:15 GN

"O God, I ask for two things from you before I die: First, help me never to tell a lie. Second, give me neither poverty nor riches! Give me just enough to satisfy my needs. For if I grow rich, I may deny you and say, 'Who is the Lord?' And if I am too poor, I may steal and thus insult God's holy name." Proverbs 30:7-9 NIV84

#4 - Focus on WHAT WILL LAST FOREVER .

"We fix our attention, not on the things that are seen, but on things that are unseen. What can be seen lasts only for a time; but what cannot be seen lasts forever." 2 Corinthians 4:18 NIV84