

# 4 LESSONS FROM FRUSTRATION

Luke 9:38-56 NIV



## Four Lessons We Learn From Jesus' Frustrations:

#1 - Our failures of faith still lead us to **AMAZEMENT OF GOD'S GREATNESS**.

*"You unbelieving and perverse generation," Jesus replied, "how long shall I stay with you and put up with you?" "... And they were all amazed at the greatness of God." Luke 9:41 & 43 NIV*

Lesson: It's not the **FAILING** that stops us, it's the **QUITTING**.

*"The godly may trip seven times, but they will get up again. But one disaster is enough to overthrow the wicked." Proverbs 24:16 NLT*

#2 - We will not always understand **GOD'S PLANS**.

*"They did not understand what this meant. It was hidden from them, so that they did not grasp it, and they were afraid to ask him about it." Luke 9:45 NIV*

Lesson: It's not **UNDERSTANDING** we need, it's **TRUSTING**.

*"Trust in the Lord with all your heart. Never rely on what you think you know. Remember the Lord in everything you do, and he will show you the right way." Proverbs 3:5-6 GNT*

#3 - Greatness is recognized by **WELCOMING THE LEAST**.

*"Whoever welcomes this little child in my name welcomes me; and whoever welcomes me welcomes the one who sent me. For it is the one who is least among you all who is the greatest." Luke 9:48 NIV*

Lesson: It's not **GREATNESS** that makes us like God, it's **GENEROSITY**.

*"A generous person will be made rich, and whoever satisfies others will himself be satisfied." Proverbs 11:25 GWT*

#4 - Our godly plans will **SOMETIMES NOT WORK OUT**.

*"But the people there did not welcome him, because he was heading for Jerusalem." Luke 9:53 NIV*

Lesson: It's not about **OUR PLANS**, it's about **GOD'S PURPOSE**.

*"You can make many plans, but the LORD's purpose will prevail." Proverbs 19:21 NLT*

## Five Simple Steps For Handling Frustration:

#1 - Ask yourself, **DID I CAUSE IT**? (Galatians 6:7b)

#2 - Ask yourself, **WHAT CAN I LEARN FROM IT**? (Romans 8:28)

#3 - In the situation **THANK GOD**. (1 Thessalonians 5:18)

#4 - Turn the frustration into a **FUNNY HUMOROUS EVENT**. (Proverbs 17:22)

#5 - Ask God to **FILL YOU WITH HIS LOVE**. (1 Corinthians 13:5)