

RULE KEEPING & HEART FREEING

Luke 13:10-17; 14:1-6 NIV



#1 - What happened? JESUS HEALED ON THE SABBATH .

"On the Sabbath... [Jesus] put his hands on her and immediately she straightened up and praised God."
 Luke 13:10a, 13 NIV

"One Sabbath... taking hold of the man, [Jesus] healed him and sent him away." Luke 14:1a, 4 NIV

#2 - What's the big deal? JESUS BROKE RABBINICAL RULES .

"Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work." Exodus 20:8-10a NIV

Rabbinical tradition listed 39 categories of work to be avoided.

The Rationale: to avoid EVEN COMING CLOSE to breaking God's commandment.

4 Misunderstandings About The Sabbath:

- A. Not a MEANS OF GOD'S APPROVAL .
- B. Not merely a RULE FOR HUMANS but also a GIFT FOR HUMANS .
- C. Purpose is to HONOR GOD and to BENEFIT HUMANS .
- D. Jesus is the LORD OF THE SABBATH .

#3 - Three Applications To Consider:

1st - SETTING BOUNDARIES is a good idea for me!

"Each of you must examine your own actions. Then you can be proud of your own accomplishments without comparing yourself to others." Galatians 6:4 GW

2nd - PRIORITIZING RULES OVER PEOPLE is a bad idea for me and them!

"Doesn't each of you on the Sabbath untie his ox or donkey from the stall and lead it out to give it water?" Luke 13:15 NIV (Also Luke 14:5)

3rd - RESPECT OTHERS' BOUNDARIES is a good idea for me and them!

"But be careful that your freedom does not cause those who are weak in faith to fall into sin."
 1 Corinthians 8:9 NCV