



*"Count yourselves dead to sin but alive to God in Christ Jesus." Romans 6:11 NIV*

**How to Count Myself Dead to Sin? I must R.E.P.E.N.T.**

**R - REGRET what got me here .**

*"And when he had spent everything, a severe famine arose in that country, and he began to be in need." Luke 15:14 NIV*

**E - EDUCATE myself .**

*"So he went and hired himself out to one of the citizens of that country, who sent him into his fields to feed pigs. And he was longing to be fed with the pods that the pigs ate, and no one gave him anything." Luke 15:15-16 NIV*

**P - PONDER my reality .**

*"But when he came to himself, he said, 'How many of my father's hired servants have more than enough bread, but I perish here with hunger!'" Luke 15:17 NIV*

**E - EXAMINE my intent .**

*"I will arise and go to my father, and I will say to him, 'Father, I have sinned against heaven and before you.'" Luke 15:18 NIV*

**N - NAVIGATE through my emotions .**

*"I am no longer worthy to be called your son. Treat me as one of your hired servants." Luke 15:19 NIV*

**3 Normal Repentance Emotions:**

REMORSE , SORROW , HUMILITY

**T - TURN from myself towards God .**

*"And he arose and came to his father." Luke 15:20 NIV*

*"Just as Christ was raised from the dead through the glory of the Father, we too may live a new life." Romans 6:4 NIV*